

WAIVER OF LIABILITY FOR AFRICA INCLUDING MOUNTAINS

Note that:

- A separate waiver needs to be completed by each adult member of the trip. A parent may sign the waiver on behalf of a
 minor (under 18 years) only. Otherwise, all members of the travel group are kindly requested to read and understand this
 before booking, and to return the signed and witnessed waiver to us 60 days or more before coming out on the trip. The
 witness must **not** be a family member.
- 2) Signing this waiver will not necessarily allow you to participate in any activity or stay at a camp or lodge. Any property, local operator, national park service, guide or service provider may require you to sign a separate waiver prior to staying in their properties or participating in an activity. We are not responsible for you not being allowed to do so if you refuse to sign a waiver. We can supply you with copies of these supplier waivers for your scrutiny, provided that the request is received by us not less than 14 days before the start of your trip.

Please read the following information and statements about your trip and the subsequent Waiver carefully.

The trips (read *journeys*, *safaris*, *hikes* and/or *mountain climbs*) offered by A Step Ahead ('we') involve travelling in some of the more remote and colourful areas of Africa, and you will be travelling and camping among people who still live in their traditional manner. In these areas, wild animals such as elephant, buffalo, hippo, lion, leopard, hyena, crocodile and other reptiles roam. Many services common in your home area (such as communications, telephones, medical assistance and evacuation in the face of danger, illness or injury, ground, water or air transport, among others) may be unavailable or provided at a lower standard than that available near your home. For example, the standard of roads can be such that travel is impossible during or after heavy rain or floods. In many areas it is not possible for an aircraft to land at an airstrip at night, even in a medical emergency. Some areas in which you will be travelling are malarial areas. While prescription drugs may aid protection against contracting malaria, these are ineffectual if not taken properly and there might still be a possibility of contracting this disease.

Anyone climbing a high mountain in Africa is hereby made aware that often there is a rapid gain in altitude over a few days. For example, on Mount Kilimanjaro, the highest mountain in Africa, the trek starts from about 7,000 feet (2,100 m) above sea level and culminates at 19,340 feet (5,895 m) a few days later. The combination of heat, strenuous exercise and being at high altitude is a formidable one, which should not be taken lightly. There is a risk of dehydration and contracting altitude sickness, such as cerebral or pulmonary oedema, both life-threatening diseases. In cases of severe acclimatisation difficulties a climber may be advised by the guide to descend, rather than continue a summit bid. In such cases they should always heed the advice of the guide. There are parts of the climb, such as the western breach, which are exposed and strenuous. In cases of injury or any other health problem, the nearest health facility can be a couple of days hike away. It is not possible to arrange an air rescue on Mount Kilimanjaro, and the nearest airport is Moshi airport, which is off the mountain. Any evacuation costs (including transport & accommodation) are to be borne by the evacuee.

All participants of a safari are hereby informed that anyone travelling in an open-sided vehicle, on foot, in a hot air balloon, by boat, canoe or other water borne carriage is at greater risk of injury than when travelling in an enclosed vehicle, in the face of an attack by a wild animal or other incident, no matter what precautions might have been taken to lessen any risks. There may be times when the opportunity to travel in the ways mentioned in this paragraph might arise. While precautionary measures will normally be taken (e.g. carrying communication devices, being accompanied by experienced personnel or, where appropriate, by an armed and trained person), all participants are hereby notified that their participation in any of these activities signifies that they have understood that increased risks exist, and that they bear full responsibility by signing this waiver and by participating in the activity.

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Whilst very sincere efforts are made to minimise the risks without losing the essential flavour of adventure, it is clear that some risk remains, for which the organisers cannot be expected to assume responsibility. Accordingly, NEITHER A STEP AHEAD S.L., NOR ITS EMPLOYEES, SUBCONTRACTORS, SUPPLIERS, SERVANTS OR AGENTS (E.G. NOMAD TANZANIA LTD, GRUMETI RESERVES LTD, ASILIA LODGES AND CAMPS LTD, SUMMITS AFRICA, NATURE DISCOVERY, NEW AFRICAN TERRITORIES, GOVERNOR'S CAMP & OTHERS) WILL ACCEPT LIABILITY FOR ANY LOSS, INJURY, DAMAGE OR DEATH, however arising, while you and/or your family and/or guests are on the trip, climb, safari and/or other journey, including your stay in camps. Nor will they be responsible for any loss, injury, damage or death before or after the trip for which they have made bookings for you for ACCOMMODATION, TRANSPORT, SAFARIS, or any other extras. These exclusions of liability do not apply if loss, injury, damage or death was directly caused by wilful misconduct or gross negligence by the management of A STEP AHEAD S.L. or of a supplier for which A STEP AHEAD S.L. is legally responsible. The entire liability shall in any event be limited to US\$10,000 per person.

We recommend that you see your medical practitioner, presenting your completed Medical Assessment Form in the case of a climb, to assess your general health if you have any doubts regarding your general health while in Africa. Some of your guides and camp or lodge staff may have had basic first aid training, but their judgements should not be considered as medical advice as this can only be given by medical personnel. In case of an emergency, you will be liable for the cost of medical evacuation, medical treatment and any extra transport or accommodation costs. We require you to have insurance to cover emergency medical evacuation, repatriation and your health for the duration of this trip. We recommend that you also have additional insurance to cover other travel related risks. If you have any further questions about the risks of travel in Africa, we suggest that you contact us before signing this waiver. **Please complete the following:-**

following:-					
Insurer	and policy number	covers my health, emergency nors are included in this waiver state their name(s)			
medical evacuation and re and insurance details here		nors are included in this waiver state their name(s)			
Waiver of Liability - V	We respectfully ask each adult group men	mber to sign a copy of this waiver.			
AND DISCHARGE A ST MY PARTICIPATION IN of 18 travelling with me we fully assume all risk of tra explicitly excluded in the good health and in proper Names of minors (<18yrs)	ms and Conditions A Step Ahead 2018) and TEP AHEAD S.L. FROM AND AGAINST IN THE TRIP. I agree this release shall be leavened and release A STEP AHEAD S.L. and statements above, to the maximum extent p physical condition to participate in this trip of covered by this waiver				
FULL NAME AND ADD		DATE			
WITNESS (NOT FAMIL FULL NAME AND ADD		DATE			